



Consular Services

Cruise Ship Travel Tips

A cruise can be an interesting and relaxing way to explore foreign shores. To ensure your security and well-being, keep these travel tips in mind.

Travel.gc.ca

- **Purchase travel and health insurance**, including coverage for accidental injury and medical evacuation. Your provincial health plan may not cover any medical expenses abroad.
- **Carry a valid Canadian passport** when transiting another country to join a cruise. Be prepared to hand over your passport to ship authorities, in accordance with administrative regulations. Keep a photocopy of your passport's identification page.
- **Leave a copy of your itinerary**, passport identification page, and travel and health insurance policy with family or friends in Canada.
- **Avoid becoming the target of an assault or robbery** by being aware of your surroundings at all times. Never open your door to strangers and do not allow yourself to be isolated with someone you do not know or trust.
- **Always check the ship's departure time** before going ashore. Protect your safety during shore excursions by confirming that tour guides are reputable and insured.

- **Contact a travel medicine clinic** well before departure for advice on immunizations and preventive medication as well as measures to avoid disease.
- **Watch what you eat and drink.** Alert the cruise line in advance of any special dietary needs and insist on bottled water while ashore.
- **Inquire before booking whether your needs will be met** aboard the ship if you have a disability or are chronically ill.
- **Remember to bring an extra pair of eyeglasses** in case of breakage or loss.
- **Stay safe by participating in lifeboat drills**, ensuring there are enough life jackets in your cabin, and becoming familiar with evacuation procedures.
- **Familiarize yourself with the local laws and customs** of the countries you will be visiting.

For More Information

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TTY: 1-800-394-3472 or 613-944-1310